

STUDIO ON MAIN CHEERLEADING TECHNIQUE CLASS

Saturdays 10am to 12pm*
Begins April 10th-June 19th
Cost: \$55 per month
Ages- 5 to 18

A unique class designed to teach children of all ages the basic technique and conditioning required to effectively and safely excel in the sport of cheerleading. Motion technique, proper stretching, jumps, stunting technique, beginning gymnastics, and choreographed routines will allow participants to master the basics as they progress to more complex performances. This class is a great supplement for any child involved in an organized cheerleading program or those who want to begin. Sneakers are required. Taught by cheering coach with over 10+ yr. exp.

NO EXPERIENCE NEEDED!!!

*Class times may be added depending on enrollment to allow for age and ability leveled classes.

Cheerleading Class Goal:

To teach proper and safe techniques for all areas of cheerleading while helping to develop the basic fundamental skills necessary to participate in organized cheer programs by focusing on the many components required for success in competitive cheerleading.

Cheerleading Open House

Saturday, April 10th 11:00-1:00pm

Come and check out our new cheerleading class for just \$5.00!! Demonstrations from local cheer teams, mini classes in motion technique, beginning stunting, cheer dance, and proper stretching and conditioning will be offered. Cheer inspired games and contests will round out our open house with prizes and trophies sure to leave each participant with the "Cheer Spirit Bug"!

CHEERLEADING CLINIC/CAMP

JUNE 21-25
9AM-3PM FOR \$125
2ND CHILD 15% DISCOUNT

**MORE INFO COMING SOON!!
FREE TO REGISTER AND SAVE A SPOT NOW!!
LIMITED ENROLLMENT!!!**